# VALNESFJORD HEALTH SPORTS CENTRE

# Your first choice for rehabilitation







Join us "All around" VHSS



# Welcome to VHSS!

Valnesfjord Health Sports Centre (VHSS) is a rehabilitation institution on a specialist health service level, and can offer placement for children, young people and adults. Whether you are a patient, user, co-worker, student, associate or looking for job training, you are most welcome!

### Our values

- Respect
- Equality
- Interaction



## Who can make use of our services?

Through free choice of rehabilitation, you can choose VHSS no matter where you live. Our services to the various target groups may be a condition of relevant agreements. Nevertheless, we offer services to most people with different disabilities. We can also accept people who pay for their own placement or placements paid for by others.

#### Check out our services

Hjelpemidler for barn og voksne

#### Muligheter gjennom hele døgnet - både hjemme og på farten!









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Sittesykkel

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## Purpose and process

Admission to our facility is mainly by groups. Age, gender, function and diagnosis are taken into consideration when forming groups. Rehabilitation is based on each person's living situation and purpose of placement.

During the stay, each person is being supported by an interdisciplinary team according to his/her ability and need. Children and young people are being schooled during their stay.

Our emphasis is on opportunities rather than limitations through focusing on activities which promote self-coping and social participation. In order to offer the necessary support to everyone's own efforts, it will be of great significance that agencies in the home environment work together in order to achieve the best result.







### Our staff include:

Occupational therapists, occupational consultant, dietitian, physiotherapists, health professionals, medical secretaries, sport educators, doctors, psychologists, speech therapist, riding instructor, social worker, nurses and special educators.

In addition, we employ a professional staff in other service functions – including technical department, stable, customer service, kitchen and cleaning.



# Inter-disciplinary expertise

Our wide inter-disciplinary expertise, user participation and accountability enables each person to take control of his/her own life after the placement with us has ended.

We aim to be a professional beacon in inter-disciplinary re-/habilitation. As a specialist health service institution, we will perform analysis, treatment, supervision and training. All our services are a result of knowledge-based practice, and is in line with international standard for re-/habilitation (CARF).

We have our own R&D department, where we strive to measure the effect of rehabilitation. **National competence service for children and young people with disabilities** is located here, and we work together to promote fair and equal health services for children of all ages.

Fremtiden er ikke bare noe som skjer. Det er noe vi skaper sammen.

Teknologi. Av og for mennesker.



## **Activities and facilities**







VHSS is situated in beautiful surroundings at the entrance of Sjunkhatten national park.

Here, you will find universally designed activity areas, both inside and outside. We also have a range of activity aids for indoor and outdoor use.





Med høy kompetanse og stor omsorg for pasientene, er Valnesfjord Helsesportsenter en viktig del av rehabiliteringstilbudet for hele befolkningen i Nord-Norge.



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Sitski Norway kan alt om riktig skiutstyr til ulike brukere. Vi har også fantastisk utstyr for å få brukere ut i skogen og opp på fjellet.

Ring Ole-Morten på Tlf. 971 11 880 E-post: olemorten@sitski.no www.sitski.n0



BREEZE

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# Application and admission

Each health trust has its own regional assessment units for referrals to private rehabilitation institutions. Therefore, referrals should be sent to the assessment unit in your health region.

Admissions office: inntakskontor@vhss.no





**VALNESFJORD** HEALTH SPORTS CENTRE

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#### Facts about CARF

CARF (Commission on Accreditation of Rehabilitation Facilities) is an American non-profit organisation who has developed an international system for certification and accreditation of health and rehabilitation agencies. The system has been developed in close co-operation with user organisations, and is an internationally accredited quality stamp.

Read more about CARF on www.carf.org



Inter-disciplinary rehabilitation programme (adults) Inter-disciplinary medical habilitation programme (children) Vocational rehabilitation programme

# www.vhss.no